



Woman

Technological innovation
Nutritional innovation

Laboratoires
activa

Disrupted menstrual cycle Fertility



Nutri ENDO

Two trace elements complexes specifically designed to bring a response to this specific women's imbalance.

- Rebalance the hormonal cycle.
 - Reduce oxidative stress.
 - Promote the reduction of endometrial tissues.
 - Can be given from the first cycle.
- Recommended intakes: 2 months.
To repeat for 2 months for a deeper supplementation.
- Natural product.

Suggested use

Chew and then swallow in the right order (do not mix them up) the 10 tablets from a Nutri Endo 1 strip in the morning and the 10 tablets from a Nutri Endo 2 strip in the evening. Each blister strip of tablets should be taken in the stated order, starting with tablet number 1, followed by tablet number 2, until you reach tablet 10.

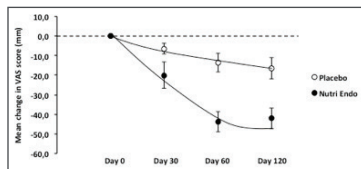
You have taken the full dose once you have chewed and swallowed the 10th tablet. The box contains 28 doses (280 tablets) equivalent to a 28 days treatment course.

Scientifically tested with double blind versus placebo*

Clinical trial randomized, double-blind and placebo-controlled, showed that a specific blend of trace elements significantly reduces endometriosis-associated pain, in a cohort of 43 patients.



Percentage of patients with a reduction of pain between day 0 and day 120



Mean change in VAS score between day 0 and day 120

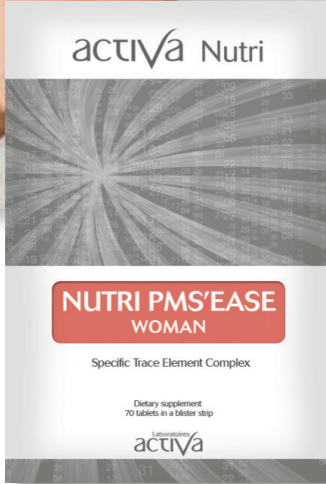
*Oberweis, Didier & Madelenat, Patrick & Nisolle, Michelle & Demanet, Etienne. (2016). A pilot double-blind, randomized, placebo-controlled trial of the efficacy of trace elements in the treatment of endometriosis-related pain: study design and methodology. Nutrition and Dietary Supplements. 2016. 1. 10.2147/NDS.S92503.

Ingredients

Endo 1: Trace elements: Zinc acetate, calcium carbonate, magnesium carbonate, manganese carbonate, sodium carbonate, calcium chloride, magnesium chloride, copper gluconate, iron gluconate, manganese gluconate, potassium gluconate, zinc gluconate, sodium iodide, trimagnesium phosphate, zinc sulphate. Other ingredients: Lactose (excipient), sorbitol (sweetener), magnesium stearate (anti bulking agent), With sweetener.

Endo 2: Trace elements: calcium carbonate, copper carbonate, magnesium, carbonate, manganese carbonate, copper gluconate, manganese gluconate, potassium gluconate, zinc gluconate, sodium, iodide, tricalcium phosphate, trimagnesium phosphate, copper, sulphate, magnesium sulphate, zinc sulphate, ferrous sulphate. Other ingredients: Lactose (excipient), sorbitol (sweetener), magnesium stearate (anti bulking agent), With sweetener.

Premenstrual syndrome (PMS) Painful menstruation



Suggested use

Chew and swallow once a day the 10 tablets in the correct order (without combining them) one after the other, starting with the first tablet and finishing with the tenth tablet.

Each series of tablets must be taken in the correct order, starting with the first, then the second, up to the tenth.

Each blister contains 7 intakes corresponding to 70 tablets.

Action on physical and emotional disturbances
Soothe pain

Nutri PMS'EASE

Menstrual cycles can be a hardship in a woman's life. An unbalanced field can cause disturbances: fatigue, sleep, irritability, loss of mood, pain.

- A synergy of trace elements to rebalance a specific field.
- Acts on fatigue, depressive signs, irritability and pains related to pre-menstrual syndrome.
- It can be given from the first menstrual cycle:
 - A week before menstruation in case of PMS.
 - 2 days before and then during the cycle in case of painful symptoms.
- Natural product.

DID YOU KNOW?

Trace elements are pure minerals essential to body functions, but present in very small quantities.

A deficiency can cause dysfunctions, often causing our daily ailments (fatigue, stress, difficult sleep...)



Ingredients

Trace elements : Zinc acetate, Calcium carbonate, Copper Carbonate, Magnesium Carbonate, Manganese Carbonate, Sodium Carbonate, Calcium Chloride, Sodium Chloride, Copper Gluconate, Manganese Gluconate, Zinc Gluconate, Tricalcium Phosphate, Copper Sulfate, Magnesium Sulfate, Manganese Sulfate, Zinc Sulfate, Ferrous Sulfate.
Other ingredients: Lactose, Sorbitol, magnesium stearate.

A balanced flora with probiotics

Essential to support feminine natural defenses



Suggested use

1 capsule a day, to be taken before breakfast with a glass of water.

The capsules can be opened before intake and for example mixed with a yoghurt. Made from a culture environment containing soy and milk.

Box of 30 capsules.

4

4 probiotics and 3 prebiotics for optimal results on the feminine sphere

Well Being Symbiotic *Gyré*

A biocompatible complex, specially made to support and restore the female microbiota, essential for the balance and natural defenses of women.

■ Synergy of 4 probiotics for best results

- *Lactobacillus crispatus*,
- *Lactobacillus gasseri*,
- *Lactobacillus rhamnosus*,
- *Lactobacillus reuteri*.

■ Synergy of 3 prebiotics

- Fructo-oligosaccharides,
- Ribose,
- Xylitol.

DID YOU KNOW?

The vaginal microbiota is formed of 100 million to 1 billion of micro organisms per ml of vaginal secretions and is composed of about 85% good bacteria.

Integral part of the woman's body throughout her life, it changes with time: puberty, menstruations, pregnancy, menopause...



Ingredients (for 1 capsule)

Fructo-oligosaccharides 32,5 mg, *Lactobacillus crispatus* 2,5 bn, *Lactobacillus gasseri* 2,5 bn, *Lactobacillus rhamnosus* 2,5 bn, *Lactobacillus reuteri* 2,5 bn. Other ingredients: xylitol*, vegetable capsule (natural vegetable cellulose, water), ribose. *excessive consumption may cause laxative effects. With sweetener.

EXCLUSIVE USE FOR HEALTHCARE PROFESSIONALS

Vitality and wellbeing



Suggested use

1 capsule a day between meals with a glass of water. The capsules may be opened before being taken.

Not recommended for pregnant and breastfeeding women, children and teenagers, or in case of anti-hypertensive or anti-diabetic treatment.

Box of 30 capsules.

Contributes to feminine well-being
Supports menstrual balance
Promotes sexual desire

Well Being Woman

Acts on daily feminine well-being through the synergistic action of 7 plants:

- **Tribulus, Maca** and **Damiana** are traditionally known to promote sexual desire and fertility.
- **Achillea, Wormwood** and **Sage** contribute to menstrual balance and feminine wellness.
- **Sage** helps soothe periodic abdominal cramps.
- **Acerola** is a general booster.

DID YOU KNOW?

From puberty to menopause, women live to the pace of their hormonal cycles.

Some plants, such as Sage and Achillea, contain substances and molecules that are similar to oestrogen and progesterone female hormones.



Ingredients (titrated dry extracts) for 1 capsule

Damiana (Turnera diffusa) 60 mg, Maca (Lepidium meyenii) 30 mg, Achillea (Achillea millefolium) 30 mg, Wormwood (Artemisia vulgaris) 20 mg, Sage (Salvia officinalis) 20 mg, Tribulus (Tribulus terrestris) 20 mg, Acerola (Malpighia glabra) 20 mg.

Additives: Bulking agent : Xylitol - Vegetable capsule (natural vegetable cellulose, water). *Excessive consumption may have a laxative effect.

Pregnancy

For a restorative sleep, naturally



Suggested use

2 capsules to be swallowed, preferably in the evening, with a large glass of water.

The capsules may be opened before being taken.
Box of 45 capsules.

6

Are you stressed?
Do you wake up at night?
Do you feel tired when you wake up?
Do you have trouble falling asleep?

Well Being Sleep

The natural solution to enjoy a good and long restful night and feel energized during the day!

- **Lime tree** and **Matricaria** for their relaxing and soothing virtues.
- **Lemon balm** to act on sleep discomfort and nervousness. Soothing qualities for digestion.
- **Hawthorn** acts on stress and anxiety.
- **Eschscholtzia** which acts on night awakenings, helps you fall asleep, calms stress and anxiety.
- **Non-addictive.**

Ingredients (titrated dry extracts) for 2 capsules

Eschscholtzia (*Eschscholtzia californica*) 227.2 mg, Hawthorn (*Crataegus oxyacantha*) 136.4 mg, Matricaria (*Matricaria chamomilla*) 45.4 mg, Lemon balm (*Melissa officinalis*) 45.4 mg, Lime tree (*Tilia platyphyllos*) 45.4 mg, Additives: Bulking agent: Xylitol* - Vegetable capsule (natural vegetable cellulose, water).

*Excessive consumption may have a laxative effect.

DID YOU KNOW?

The right solution to sleep difficulties (issues falling asleep, duration and quality of sleep, night awakenings, etc...).

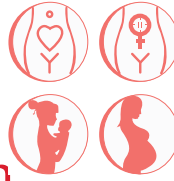
Works from the first dose.

Thanks to the innovative microgranule form, enjoy a prolonged action, with a gradual release of the active ingredients as soon as you fall asleep and during the night.

The "delayed" effect helps the deferred release of the ingredients.

Pregnancy

Circulatory problems



Ingredients (titrated dry extracts) for 1 capsule

Blackcurrant extract (Ribes nigrum) 90 mg, Olive tree (Olea europaea) 60 mg, Red vine (Vitis vinifera) 30 mg, Bilberry (Vaccinium myrtillus) 20 mg. Additives: Bulking agent: Xylitol* - Vegetable capsule (natural vegetable cellulose, water).

*Excessive consumption may have a laxative effect.

Suggested use

1 capsule a day, with a large glass of water, from the first signs of discomfort. Box of 30 capsules.

Well being Circulation

Contains a synergistic combination of 4 plants that are known to support a healthier blood circulation at several levels:

- **Blackcurrant** has antioxidant properties.
- **Olive leaf** is known to help maintain a healthy blood pressure.
- **Red vine** leaf helps relieve heaviness in the legs and supports healthy capillaries.
- **Bilberry** contributes to capillary resistance and helps the microcirculation.



Pregnancy

Hemorrhoids

Chrono Circulation

Promotes circulatory comfort and venous tone.

- **Blackcurrant berries** have draining properties.
- **The Olive tree** is traditionally recognized for its benefits for the venous tone.
- **Red vine** promotes blood circulation.
- **Bilberry** maintains microcirculation.



Ingredients (titrated dry extracts) for 2 capsules

Blackcurrant extract (Ribes nigrum) 180 mg, Olive tree (Olea europaea) 120 mg, Red vine (Vitis vinifera) 60 mg, Bilberry (Vaccinium myrtillus) 40 mg. Additives: Bulking agent: Xylitol* - Vegetable capsule (natural vegetable cellulose, water).

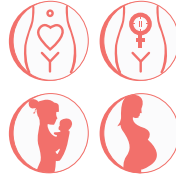
*Excessive consumption may have a laxative effect.

Suggested use

3 capsules on the first day and then 2 capsules a day to be swallowed with a large glass of water, between meals. The capsules may be opened before being taken. Box of 15 capsules.

Pregnancy

Avoid recurrent urinary tract infections



Ingredients (titrated dry extracts) for 1 capsule

Cranberry (Vaccinium macrocarpon) 74 mg, Couchgrass (Cynodon dactylon pers) 62 mg, White nettle (Lamium album) 40 mg, Heather (Calluna vulgaris) 24 mg. Additives: Bulking agent: Xylitol* - Vegetable capsule (natural vegetable cellulose, water). *Excessive consumption may have a laxative effect.

Suggested use

1 capsule every day, to be taken between meals with a glass of water. The capsules may be opened before being taken. Box of 30 capsules.



8

Pregnancy

Fighting cystitis

Chrono Elimination

Urinary problems

Comfort and elimination thanks to:

- **Cranberry** (100 mg de PAC).
- **Hibiscus** and **Heather** promote urinary comfort and kidney elimination.



Ingredients (titrated dry extracts) for 2 capsules

Cranberry (Vaccinium macrocarpon) 400 mg, Hibiscus (Hibiscum sabdariffa) 34 mg, Heather (Brucaria) 20 mg. Additives : Bulking agent: Xylitol* - Vegetable capsule (natural vegetable cellulose, water).

*Excessive consumption may have a laxative effect.

Suggested use

3 capsules on the first day and then 2 capsules a day to be swallowed with a large glass of water preferably in the evening. The capsules may be opened before being taken. Box of 15 capsules.

Pregnancy

Stimulate digestion



Suggested use
1 capsule to be taken every day, with a large glass of water. Can be taken occasionally before or after a big meal. The capsules may be opened before being taken. Box of 30 capsules.

Digestion difficulties
Heavy stomach
Intestinal bloating

Well Being Digestion

Synergy of natural active ingredients with relaxing and sedative properties for daily digestive comfort.

- **Lemon balm** known for its relaxing properties, helps stimulate sluggish digestion (accompanied by bloating and flatulence) and attenuates nervous disturbance (intestinal and digestive spasms).
- **Dandelion** contributes to body cleansing and purification thanks to its elimination and cleansing action that helps remove accumulated toxins. It is also known to help stimulate a lazy liver and gallbladder.
- **Sage** helps gastric digestion by reducing stomach acidity level and relieve stomach cramps.

DID YOU KNOW?

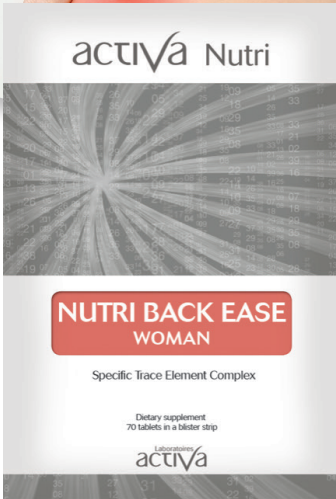
Why do the British call dandelion «Dandelion»? It comes from its French nickname «Lion's teeth» due to the shape of dandelion leaves.



Ingredients (titrated dry extracts) for 1 capsule

Lemon balm (Melissa officinalis) 56.3 mg, Dandelion (Taraxacum officinale) 56.3 mg, Sage (Salvia officinalis) 37.5 mg. Additives: Bulking agent: Xylitol* - Vegetable capsule (natural vegetable cellulose, water). *Excessive consumption may have a laxative effect.

Pregnancy Back Pain



Suggested use

Chew and swallow once a day the 10 tablets in the correct order (without combining them) one after the other, starting with the first tablet and finishing with the tenth tablet.

Each series of tablets must be taken in the correct order, starting with the first, then the second, up to the tenth.

Each blister contains 7 intakes corresponding to 70 tablets.



DID YOU KNOW?

Tips to relieve back pain:

Perform daily pelvis tilts and stretches.

Wear comfortable shoes, without high heels, in order not to accentuate the imbalance of the body.

Maintain regular physical activity adapted to pregnancy.

Take it easy and rest.

Have a balanced diet to avoid excess weight gain.

Nutri BACK EASE

As a result of hormonal changes and a day by day growing belly, the body balance of the future mother is disrupted.

- Synergy of trace elements to rebalance and soothe the lumbar area.
- Suitable for all.
- A natural product without side effects.

Ingredients

Trace elements: Zinc acetate, Calcium carbonate, Copper carbonate, Magnesium Carbonate, Manganese Carbonate, Magnesium Chloride, Zinc Chloride, Copper Gluconate, Magnesium Carbonate, Manganese Chloride, manganese, Potassium Gluconate, Zinc Gluconate, Sodium Iodide, Dicalcium Phosphate, Tri magnesium Phosphate, Copper Sulfate, Zinc Sulfate. Other ingredients: Lactose, Sorbitol, magnesium stearate.

EXCLUSIVE USE FOR HEALTHCARE PROFESSIONALS



Pregnancy

Fight fatigue and boost your immune system



Suggested use
1 capsule to be taken preferably in the morning with a large glass of water.
Box of 60 capsules.

Prevents and fights aging
Supports natural defences
Helps reduce tiredness

Well Being Starter

Acerola pulp contains 50 to 80 times more vitamin C than an orange. It is the richest natural source of vitamin C. It is an essential element for the body to function properly. Our **Acerola** is associated with **Camu-Camu**, allowing a better concentration of the active ingredients for your body and a greater well-being.

- Powerful antioxidant for preventing and fighting aging.
- Supports natural defences.
- Stimulation of physical and mental faculties.
- Important role in the formation of collagen.

DID YOU KNOW?

Acerola and Camu-Camu fruits are known to contain the most vitamin C. They are also rich in vitamin B6, B1 and A, flavonoids and minerals (iron, calcium, phosphorus, potassium and magnesium). Their vitamin C is bio-assimilable, which guarantees its effectiveness and facilitates its assimilation by the body.

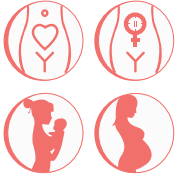
Ingredients (titrated dry extracts) for 1 capsule

Acerola (*Malpighia glabra*) 242 mg, Camu-Camu (*Myrciaria Paraensis*) 168 mg.
Other ingredients: Emulsifier : Magnesium stearate. Vegetable capsule.

Pregnancy

Intellectual fatigue

Essential fatty acids necessary
for brain development and functions



Suggested use

Swallow 1 capsule preferably in the evening with a large glass of water.
Allergen presence (fish).
Box of 30 capsules.

12

EPAX quality Omega-3 beneficial for brain development of the baby and intellectual performance of the mother

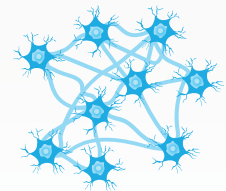
Well Being Memory

The natural solution for improving your brain functions, maintaining your cardiac functions, and supporting your visual function.

- 6000 TG, an oil from a deep-water cold sea wild fish (in a very pure version), combined with 1812TG oil contain, in a natural state, a high concentration of **long-chain Omega-3: EPA and DHA**, well known for their action on cognitive lipids functions and for maintaining normal cardiac (EPA/DHA) and visual (DHA) functions.
- EPA and DHA work synergistically to boost each other's action.

DID YOU KNOW?

Higher levels of DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid) in the neurons maximise the brain's development potential, enhance cognitive performance and slow down the process of brain ageing.



Ingredients for 1 capsule

Fish Oil (6000 TG) 175 mg, Fish Oil (1812 TG) 175 mg, (Contains 52.5 mg of DHA and 78.8 mg of EPA per capsule. Rich in Omega 3).
Other ingredients: Tunic; Marine gelatin, Humectant: glycerin, water.

EXCLUSIVE USE FOR HEALTHCARE PROFESSIONALS

Pregnancy

Dry skin
Vergetures



Suggested use

Take 1 capsule a day with a large glass of water, in-between meals.
Box of 30 capsules.

Maintains skin hydration
Contributes to restructuration of the skin
Supports good capillary circulation

Well Being Beauty & Radiance

A natural concentrated formula containing **borage, evening primrose, wheat germ and grape seed oils** to nourish skin cells with Omega 3 and 6 essential fatty acids.

- **Evening primrose and borage oils** help maintain skin cells; restoring tissues elasticity, suppleness and tone.
- **Grape seed oil** hydrates and protects the skin against external aggressions.

DID YOU KNOW ?

Cortisol, an hormone produced during pregnancy, is responsible for the development of stretch marks.

It reduces collagen production and therefore makes your skin much less flexible.

One of the many properties of omega-3 is to lower cortisol levels.



Ingredients for 1 capsule

Borage oil (Borago Officinalis) 102.95 mg, evening primrose oil (Oenothera biennis) 73.5 mg, wheat germ oil (Triticum vulgare) 44.12 mg, grape seed oil (Vitis vinifera) 29.40 mg.
Other ingredients: Tunic: Marine gelatin, Humectant: glycerol, water.

EXCLUSIVE USE FOR HEALTHCARE PROFESSIONALS



Pregnancy
 Tones the skin
 Reduction of wrinkles
 Hydrate the skin



Suggested use
 Take 1 capsule a day with a large glass of water, in-between meals.
 Box of 30 capsules.

14

Well-Being SkinGlow

Well Being SkinGlow boost your skin and enhances its glow.


- A natural biocompatible complex that supports skin cells from the inside thanks to a complex of marine collagen and elastin peptides, shown to have a significant impact on reduction of wrinkles*.
- Hydrosoluble keratin penetrates and nourishes deeply cells that need it the most to revitalise the skin and restore its glow.
- Its richness in cystine gives it a high healing and anti-stretch marks potential.

*Demonstrated during a clinical observation: collactive vs placebo study drmar9 7a, +28% reduction in wrinkle depth.

Ingredients for 1 capsule
 Hydrosoluble keratin 111.1mg, Collagen elastin 55.5mg, Cystin 55.5mg, Threonin 27.7mg.
 Other ingredients: Bulking aganet: xylitol*, plant-based capsule. Coating agent: shellac.
 *Excessive consumption may have a laxative effect.
 Includes a sweetener.

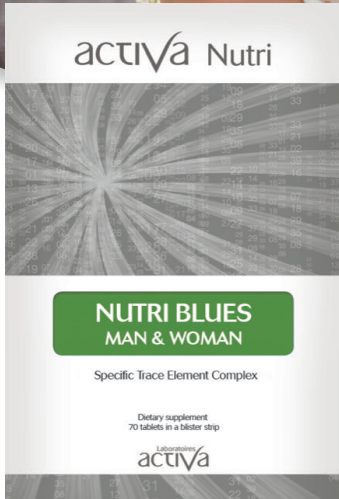
DID YOU KNOW ?

Aging of the skin, responsible for the appearance of wrinkles, is mainly due to the decreased expression of several proteins including elastin and collagen. During pregnancy, brutal skin stretching also weakens elastin and collagen fibers.



Childbirth

Baby Blues



Suggested use

Chew and swallow once a day the 10 tablets in the correct order (without combining them) one after the other, starting with the first tablet and finishing with the tenth tablet.

Each series of tablets must be taken in the correct order, starting with the first, then the second, up to the tenth.

Each blister contains 7 intakes corresponding to 70 tablets.



Nutri BLUES

After childbirth many women experience the «baby blues». This post-natal condition can take different forms (melancholy, mood swings, loss of appetite, insomnia, difficulty concentrating...).

- A complex of trace elements specifically developed to address this specific imbalance.
- Acts on emotional disturbances.
- A natural product without side effects.

DID YOU KNOW?

Activa Nutri brings you a solution, with a range of natural active ingredients selected for their high nutritional quality and synergistic action.

Activa Nutri trace elements have been sequenced in blister strips to prevent any interaction with other elements.

This special assembly protocol makes them biocompatible and bioavailable.

Ingredients

Trace elements: Zinc Acetate, Calcium Carbonate, Copper Carbonate, Manganese Carbonate, Sodium Carbonate, Calcium Chloride, Magnesium Chloride, Sodium Chloride, Zinc Chloride, Gluconate Copper, Iron Gluconate, Manganese Gluconate, Potassium Gluconate, Zinc Gluconate, Tri magnesium Phosphate, Tricalcium Phosphate, Copper Sulfate, Magnesium Sulfate, Zinc Sulfate.
Other ingredients: Lactose, Sorbitol, magnesium stearate.

EXCLUSIVE USE FOR HEALTHCARE PROFESSIONALS

A woman's life is rhythmized by her menstrual cycle from puberty to menopause.

Its reproductive system repeats a regular pattern dependent on her hormones to prepare her for pregnancy.

Many inconveniences, or even illnesses, can be related to the menstrual cycle, to pregnancy and then to menopause, affecting a woman's life:

- Menstruation disorders: premenstrual syndrome, painful menstruations.
- Endometriosis.
- Pregnancy disorders: vomiting and other digestive issues, constipation, circulatory problems, hemorrhoids, lower back pain, skin problems, neuro-psychic disorders, etc.
- Postpartum disorder: "baby blues".
- Symptoms of perimenopause, then menopause: hot flashes, fatigue, irritability, sleep disturbances, etc.

Today, every woman can live her feminine expression; her cycle, as comfortably as possible, regardless of age...



Menstruated woman



Pregnant woman



Nursing woman



Perimenopausal or menopausal woman

NORTH AMERICA
NUTRITION SERVICES RESEARCH INC.
2007 North Miami Ave, Suite 609
Miami, FL-33127
USA
+1 877 438 570
www.getmynutri.com

Laboratoires
actiVa

49, rue de Ponthieu
75008 Paris
FRANCE
+ 33 492 080 908
www.activastore.com

▶ **N° Indigo 0 825 09 21 92**

ASIA - PACIFIC
DISTRIBUTION ASIATIQUE PTE LTD.
65 Ubi Road 1, # 02-73 Oxley Bizhub 1
Singapore 408729
SINGAPORE
+ 65 6284 3440
asia@laboratoiresactiva.com